



## LIMITS TO CONFIDENTIALITY

Life In Motion thanks you for trusting us with your mental healthcare needs. We take your trust seriously and we do everything we can to safeguard your confidentiality and privacy. By law there are limits to confidentiality that we want you to be aware of

1. When you sign a release allowing disclosure, such as, to an insurance company or a managed-care provider.
2. A court subpoena is received for your records and/or for testimony from your counselor about your therapy.
3. You are a danger to yourself or others: serious suicidal or homicidal thinking.
4. Abuse of a minor and a mandated report to Child Protective Services as per Kentucky law.
5. Counselors are ethically bound to seek supervision of their cases as required by law and/or clinical need.
6. Support staff processes your records for billing, mailing, transcribing, scheduling, phone calls, and record-keeping activities. Support staff are covered under HIPAA laws as necessary to run a business.
7. You are receiving services with other people present, for example, in a couple, family, or group setting. Confidentiality can then only be stressed by your counselor and not guaranteed.
8. Trained state, accrediting, or managed-care personnel reviews of clinical records to make sure they are maintained properly and/or according to state laws and/ or standards.

9. Researchers review files at the clinic, center, or agency for ethically conducted research projects.

10. The state where you live has laws regarding mandatory reporting of certain forms of abuse. For example, the state of Iowa requires the reporting of elder abuse and the chemical abuse of minors. Other states may include severe property damage.

I have read and I understand all the risks and rights described above regarding the limits of confidentiality in counseling.

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Client Signature

\_\_\_\_\_

Date

\_\_\_\_\_

LIM Staff Signature

\_\_\_\_\_

Date



*Life in Motion*  
*Live. Life. Balanced*

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